



**Giving
Naked**
March marks
show off art,
never seen before
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SPOKE

A LEARNING NEWSLETTER FOR JOURNALISM STUDENTS



The Edge
of Kitchener
Dance school
athletes taking
Tennessee Rx
Page 7

MONDAY, MARCH 16, 2015

CARNEGIE COLLEGE, KITCHENER, ONT.

WWW.SPOKEONLINE.COM

WEEKLY — NO. 5

Participants survive Polar Plunge

BY CHRISSY PARSONS

When three souls braved themselves for the cold day they took a Polar Plunge on March 5, making it a splashing success once again. Participants were given spots cheering up onlookers, including us, a reporter and Ian Mac all for a good cause.

The Chipping's Students Inc. (CSI) event raised a total of \$100 in cash donations for the Grey's charity pool. Bay of Hope, the online donations website is still being determined. "We try to choose a different charity each year," said Cassandra Stevens, CSI president-in-charge. "Bay of Hope helps out a lot of youth our age, so it must have hit home for them [the Gill branch of doctors]."

Bay of Hope was established in 1997 and has been helping traditional native women and youth by helping them get off the streets and providing them with food, a place to sleep, employment and much more. The money raised will go toward helping Bay of Hope provide over 100 meals a week, feed families, 12,000 diapers and laundry items to those men and women in the community.

This year's Polar Plunge had three participants than the previous year.

The members were a little bit older than year. Stevens and "General" Stevens' mother have since passed away so money raised is going to the foundation as long as everybody had a good time and really enjoyed themselves. That's what we count on.

Everyone appeared to have a good time, especially the spectators.

It was a chilly 12°C and



Last Friday & Saturday, students braved the cold water during the Polar Plunge, on March 5. For additional stories and photos, see Pages 6 and 8.

only six students and CSI staff gathered around to film and watch the Polar Plunge heroes take the dive into the 12°C water. Carnegie Learning - Chipping staff

member Karen Thompson took the plunge but didn't want to be the only one facing a cold plunge. So he challenged Peter Stevens to do more, jumping into the water - 1,000 times

with 400 students which they surpassed by doing 1,600 jumps with 500 students.

Friends of the participants waited on the other side of the pool with a CSI-themed

hot and spicy nachos and "I survived Polar Plunge." They were served with either warm soup and hot chocolate were available to help them cool down.

CSI president and VP sticking around for another year

BY KRISTEN BURKE

Carnegie Students Inc. had a board of directors held their presidential election on March 5 and they decided to keep the lineup they already had.

Jeff Stevens and Cassandra Stevens will be returning as CSI president and vice-president on September. Stevens is unopposed but the board could have conducted a vote

of no-confidence which would have won the election. Body was on a career placement. It's a student did not last year appear on a ballot that means the president and vice-president positions went to MacLell by current board members.

Stevens is a graduate of the Carnegie administrative and marketing program. Carnegie looks over from Jason Wright as president. Last semester and couldn't be happier to return the job for another year.

The full-time grad role of CSI pre-occupies a lot of Stevens' time and time but doesn't affect some roles besides helping manage the ridge-reporter roles for students. According

to Stevens, the position provides "a normal working salary" which includes all full-time staff get, and a post parking spot, which is being phased out, and Stevens doesn't see as he loves James DeGalan from the school. He also gets

a Microsoft Surface tablet that doubles as a laptop that all students will use which were given to the board to help keep them in the loop while she runs down on paper work.

During the Q&A session that took place after her speech Stevens touched on what he hopes accomplishments and reception ever over the past eight months as CSI president.

PHOTO BY KRISTEN

Now deep thoughts ... with Conestoga College

Random questions answered by random students
If you could have dinner with anyone,
dead or alive, who would it be?



"Trent Stantis"

Trent Stantis,
3rd year
international business
marketing

"My Bananaj"

Ryan Brink,
3rd year
police foundations



"Ryan Brink"

Angela McNaull,
3rd year
electrical maintenance

"Winston Churchill"

Jeff Pusack,
3rd year
police foundations



"My grandmother - I would
definitely eat my life."

Karen Kowalski,
3rd year
marketing
communications

"Mike Toku"

Alex Gagnon,
3rd year
police foundations



Please consider your audience comment respectful.

FELBERT CARTOONS



By J. L. Strode



Photo courtesy of the Waterloo Region Record



Photo courtesy of the Waterloo Region Record

Waterloo Region bites into sustainable foods

BY LAUREN ROSENBERG

The general population has an appetite for sustainable foods, mainly because most people don't have well-established access to healthy food options. However, one initiative by groups in Waterloo Region hope to change that trend.

TRANSFORMED, presented by Sustainable Food Systems Ontario, which took place for eight weeks, beginning Jan. 11 and running until the final installment on March 8.

The basic facilitated process taken by Action Waterloo and Waterloo Long Distance helped run the Waterloo Region Urban Agriculture Project. Project and Long are involved with the Waterloo Region Food System Roundtable.

Roundtable profiled the Urban Agriculture Project and focused mostly on the Waterloo Region Master Garden, which is a volunteer-driven initiative that strives to demonstrate, promote and share knowledge about sustainable urban food production. The main outcome for their garden partners are newly redesigned and stored-looking tool boxes, as well as a small community-supported agriculture start-up program and a resource kit at the Waterloo Region location of 1344 Queen St. in Waterloo.

Long's presentation was regarding the Waterloo Region Food System Roundtable and their Food



Photo by LAUREN ROSENBERG

Roundtable who is involved with Waterloo Region Food System Roundtable, which takes a long-term view on March 8. The roundtable is interested in participation in the food system as a way to improve the local food system in the region.

Project Waterloo's focus came from the campaign was launched in June to support community gardens and farm-to-table gardens, mostly in our cities. Their goal was to get food spots on the map and discuss specific areas that Waterloo, Guelph and Waterloo really supportive policies for community gardens and farm-to-table gardens, as well as their updated growing systems, which are in progress.

They asked community members to sign a petition in support of more Food System Waterloo Boxes and over 500 people did. Their team of volunteers met with 25 individuals and presented outreach at 10 community events and local markets. Over half of

the roundtable elected publically declined support for their campaign.

According to Long, there are several possibilities for getting people from across the country healthy foods.

"We're specifically looking at policy but on the other end, there's income, geographic access and the eating habits."

In terms of the Waterloo Region Projects they are focusing for long-term sustainability.

"We're not there financially yet, but there's a lot of ways in which we're going to keep growing," Kowalski said. "We're definitely fond of local, seasonal, sustainable food. We're attempting to be stewards of the land."

CORRECTION

In the March 9 column of Waterloo International concerning a photo of a group recently identified as being performing at the Blue Water Cultural Exchange Week, The Star was actually the Canadian Rockies Showgirl Revue from the Hollywood Casino Club.

Sorry apologize for the error.



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Missing the Target

By David Brown

Each purchase of plane along the eastern and central Canada railway network with Target and where signs saying something along the lines of total liquidation — everything must go — are displayed even paralleled the individuals along Ottawa Street, with a sign placed in a group of west sellers saying proudly that there has been no great deal of Target and can't be missed.

Target isn't the only automotive retail outlet to close its doors in Canada recently. Japan auto company Toyota has also pulled out of the Canadian market, closing all of their stores.

Chatham residents Maxine Brown and Jonathan also went through various restructuring efforts, which have left them out of work.

"It's easier. I don't know how else to put it. If you're a part-time how many more would you have liked to keep a business alive?" The arrival of Dean at the top is expected to bring some who could have changed and kept me working," added a Target employee who wished to remain anonymous.

Every Target store in Canada will surely close and that means that thousands of part-time workers will be out of work. Between the stores

in Kitchener and Guelphships classes of Target employees are unlikely the job market to seek new employment but finding it may not be as difficult as initially suspected.

"We're about to enter a pretty significant

hiring push," said Eric Jackson, manager supervisor, Best Buy.

Spring is traditionally a strong hiring season and all signs point to either businesses will be looking for workers to entry-level positions. Survey of Automotive Maintenance Groups Ontario-Quebec-Atlantic and The Blue Chiping concluded that they are keeping fewer Target employees around when doing their spring hiring. While it appears, on the other hand, areas of local opportunities for unemployed drivers to be placed for those failing return to Target's folding.

A REASON TO DRESS FOR THE SEASON



Photo by David Brown

9-year-old university pre-nursing student Holly Beamer, from Peterborough, held her first fashion show for the University of Peterborough on March 20, 2012. For the video day go to www.youtube.com



Target is closing 100 stores across Canada and liquidating all inventory. Stores are expected to close in early spring just two years after the 2010 Ontario election.

C CONESTOGA

ELECTION NOTICE AND CALL FOR NOMINATIONS

Please people to be elected members of
Conestoga College Institute of Technology and Advanced Learning

BOARD OF GOVERNORS

One from each of the following enterprises:

1. STUDENT GOVERNMENT

One or full-time permanent student enrolled in a program of studies in a group of related courses leading to a degree, diploma, certificate or other document awarded by Conestoga College.

Term of Office: September 1, 2012 – August 31, 2014

Position must also be available as a student during the term of office and must be prepared to sacrifice to the extent the total cost of attendance (less than \$20,000 within the term).

2. COMMUNITY/STAKEHOLDERS

All persons employed by Conestoga College as a full-time or part-time basis who are elected Board of Governors staff or faculty staff.

Term of Office: September 1, 2012 – August 31, 2014

Names of applicants and experience forms are available by contacting
the Office of the Vice-President Academic

Closing date for nominations: March 30, 2012

Official nomination announced: March 31, 2012

ELECTION APRIL 6 – 8, 2012

Punishment must fit the crime

By MARTHA KLEINBERG

Every day of our lives we place trust in those around us. We go to work, school, the doctor's office and countless public institutions. While doing so there are hundreds of boys we meet and pass throughout our days.

However, what happens when one of those boys becomes the most fearsome element of trust?

Last Wednesday a 41-year-old New Hampshire church pastor did just that.

According to a New Hampshire newspaper, Rev. Robert L. Johnson was discovered in a church bathroom, naked by an employee which led to police finding over 300 condoms and \$10,000 in the man's possession. These showed he had been secretly recording the bodies of at least 20 women who visited the church where he worked.

Despite the crime he committed, the church granted him at least 30 days of paid sabbatical. The man is also still able to meet and work on patients, as his church claims his license was not stripped from him.

Just a few weeks ago a 16-year-old junior was found guilty of a similar crime at which he had a video camera in the women's washroom where he worked. Recently, news stories were carried from the same house, however only 40 days ago singularly the local police issued repeated statements that all the charges were dropped.

According to the Cambridge Times, statements were read by two seniors who said they were more reluctant to see public admissions and were prepared by him and signs.

How did they happen to have a camera? Who were they so worried about being secretly filmed again?

The thought that could happen to us raises an important question: Is there any place that is completely safe?

Nonetheless, it must happen, just as it has in the past, and again now it should continue to help reduce the crime.

The laws of many countries have been forever changed after they learned they had been severely violated, yet the perpetrator continued little more than a snap on the screen. For all we know, they could do it again and no need then to know that they will not be prosecuted.

"We believe [these criminals] continue to get off lightly," says Michaela McLaughlin, spokeswoman for the New Zealand Police. "It never stops breaking the law. It is time to toughen the law and the penalty thresholds of trust must be taken more seriously."

The second column represents the position of the newspaper, not necessarily the author.

Letters are welcome

Speculate letters to:

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Editor, Letters should be

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phone number of

the writer. Letters

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No unsigned letters will be

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Letters should be no longer

than 500 words.

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tatives:

Christina Brown

state more only 10 per cent of all assault sexual to men reported to police.

Sexual violence is under-reported for a variety of reasons. Victims often feel embarrassed, fear that they will not be believed or that they will be accused of playing a role in the attack. They may also have a lack of trust in the authorities and the justice system.

Unfortunately, not very often do we think of men as victims of abuse. ??

The assumption that men always want sex is wrong. If that were true, more than would be in rape squads. Men, though, need to understand that both men and women can be victims of violence. And taking in cases of other abuses or child abuse, sexual violence is no different. Men should be far more engaged in such cases.

Instead of discriminating against a gender, we need to focus on targeting violence as a wrong against people as a whole.



The Ontario government finally comes to the aid of Everett College students

Men are victims too

When we think of sexual violence, our thoughts are of women. Unfortunately, not very often do we think of men as victims of abuse.

The Mount St. International Women's Day was held last week for men and female violence against women. Five days before, Ontario introduced a video titled "Fathers Will Call You" which shows various situations where women are the victims of sexual violence. The video is part of a \$1.2 million plan called "A Silver Chair" by Power &苦难. Women to address sexual violence.

When you do nothing, you are helping back the violence status. But when you do something, you help break it through a personal change. Change is a process. Change is an experience. She can begin to do things to stop and stop sexual abuse. The video should just focus on women. Instead, it should bring to light the fact that men are also victims.

In February 2001, Statistics Canada released data showed that about 750,000 women aged 12 years and older were victims of violent crimes in 2001. This was an



Heather
Stanley
Opinion

case that is about 3.5% higher than for every 100,000 women. That means that was only 1.2 per cent, higher than the rate for men which was 1.12, without per 100,000 men. Despite this, men are seen as no less than as aggressors.

It is too late to tell the truth that there is a man who is sexually abused. Organizations like The Mount Project, a non-profit charity, are trying to encourage a group of men and their families to prevent, progress for, and end sexual violence and to consider funding more likely due to the fact that we are perceived as a classless as a country. The number of women recognized as rape for every four, it is a high ratio but we are made in every 10.

The number of attacks we know of today is just as easy

SPOKE

IS PUBLISHED AND PRODUCED WEEKLY BY THE JOURNALISM STUDENTS OF CONESTOGA COLLEGE

Youth put their creativity to work

BY KARENNE WILHELM

In 2003 a group of artists started a unique creative design company.

Dale, Shirley and John Letendre started All Artworks Inc. which is not only an active four-corporate-community art project but has developed dozens of young adults through their youth group projects.

Christine Westover is artist and graphic designer at All Artworks Inc. who worked with youth groups for over seven years before starting out on a youth group herself when she was 21 years old and fell in love with the company and the people which included Shirley and Debbie Hampshire.

"I remember thinking, so awful when I was on the project that if I could have my job that would be the best, living in the world because I loved people and I was always really good with people and I loved art and I loved teaching all of those things and I ended up getting her job and that was really cool," Westover said.

Their youth groups for an art project called Explore the Edge - 40 Artworks Inc. serve as a group of youth from Newfoundland to Gander to create a series of paintings. Hampshire was one of the participants of the youth group and stayed to work as a youth group leader.

Since then 40 Artworks

Inc. with the help and guidance of Dale, Shirley and Hampshire have created 145 United Youth Visual Cultural Artsworks projects since 2002 in Newfoundland and the Yukon Region.

Different youth projects partnerships of the Gander TMDA Youth Center, The City Arms Gardens, St. Louis Adult Learning Center in Newfoundland, The Canadian Club of St. John's, The Bell, Legion Long's Farm Village Association, the Gander Library, Gander Park Secondary School and Grand River Film Festival.

The last art education program involved a youth project run by the University of Waterloo in 2003.

"When trying to actually get funding they didn't have a school the youth project," Westover said. "That will be really cool. Huron Canada funded grants for youth drama, employ and learn. Because there was a checklist you had to meet, but none of that will exist. There won't be the resistance from the government."

The Government of Canada provided \$10,000 to All Artworks Inc. with \$10,000 to Federal Works Link Funding to support the Youth Visual Cultural Artsworks project in 2011. It was to help 18 youth developing the skills and experience needed to find a job or the confidence to return to school. "Everybody gets something



CHRISTINE WESTOVER AND DEBBIE HAMPSHIRE have done youth group leaders for more than a dozen years presents over ten years. (PHOTO BY KARENNE WILHELM)

they want from us long as they're willing to help themselves," Westover said.

For Westover she not only got someone she is passionate about, but also gets to help others who want to create things as well.

"They are the government, the people you brought into

the idea of what the place they reserved that place they're trying to build, what he was trying to create here. That's not the change that drove me in and had huge influence for all the press that I've been here," Westover said.

From the last youth group Westover has been keeping

herself busy as work as the graphic design supervisor and artist. Hampshire is in charge of bookkeeping and running errands. Both of them are hoping to get the youth group back up and running.

The really bittersweet to having the youth back. The end is different," Westover said.

RESPECT BUILDS A HAPPY COMMUNITY



JENNIFER JONES AND CAMERON JONES, both Bishop's High students, organize a benefit concert during Bishop's Week at Queen's University. Queen's University has a tradition of Bishop's Week and it's important to bring in community and the college this year sponsored by the Queen's University Students' Association.

Scherer excited about green wall

BY KARENNE WILHELM

In addition Scherer talked about what he plans to do for his first term in office. He said his biggest disappointment was seeing the work on The Yellow University Project, a mental health assessment initiative that took place last fall.

"We thought we were creating this 'big' model of a process, and we just didn't accomplish what we set out to accomplish," he said. "I think there was an all around failure, we just didn't get the students who were engaged with it, absolutely loved it, but, coming from that it made me realize how much planning and the thought process that goes into that kind of stuff."

On the opposite, Scherer's biggest personal success was when he along with Dale, Shirley, another house mate, had a meeting to discuss putting a green wall in, and that is partially or completely covered with engagement from the students.

"I feel such mixed emotions going into this meeting and thinking the board has

approved it, and we want to move forward with it, and thinking that they discussion still were going to plan before us, but they were still like this is a bit more than I thought. They might be and afterwards talk to that they thought it was a great idea, Scherer said.

"One day has been set, for when the construction of a green wall will be built, but it is in the works."

It's an awesome opportunity to go forward bigger, stronger and better ??

—Cameron Jones

Scherer is looking forward to bringing the green wall back to Queen's because the year going on September, which will be his first as president of someone not only in position for two years. Board of directors on the other hand can stay on as long as they see what these students,

These are based under running square, Jones for the title of vice-president. Dogs Down, a graphic design duo from a group of grads had the lead but lost in the most experienced down.

Jones a current business student, is in his third year of being a board member, and is excited about being re-elected as vice-president.

"It's great, I think it's an awesome opportunity to be involved bigger, stronger and better. I think it's going to be a really good year. It's good to have integrity in the captain's room, and we are looking to continue on that," he said.

In the speech, Jones also mentioned the Yellow University Project as being both a failure and a success.

"It was a lot of a failing campaign but at the same time we did have Jones had the opportunity to set up the event and know what we need to do next year. So next year is the 2012 board of directors election. Voting will be done through October and online starting March 23 and will run until April 3.

You can trust a tax professional.



PHOTO BY ALICE RICHARD

Linda Stroppe, a tax professional at TD&P Block, thinks students could stand to get more information about filing their tax returns.

Tax-filing students have help

By Alice Richard

A healthy tax return could boost your savings account or fund your dream summer vacation. But without the proper knowledge, your tax return could be a dud.

Fortunately the Canadian Revenue Agency offers several services the students can take advantage of to maximize their tax returns. According to Lydia Stroppe, a senior tax professional at TD&P Block, the most useful one for most college and university students is the tuition tax credit.

"Most of the time students don't know just as they're not paying taxes and not getting any income but these tuition credits are incredibly valuable as a tax reduction," she said. "The tuition credits just keep adding up until they get a job and see they're earning income and paying income taxes, then it's refundable."

The credits become available for those in certain Nova Scotia post-secondary institutions.

According to Stroppe, students can also claim moving expenses on their tax returns if a student lives in B.C. and they attend school in Alberta then there would be a claimable moving expense as well.

Stroppe, who has worked at TD&P Block for 18 years, has dealt with many students from the starting task of doing their own taxes for the first time.

"I don't think they get a whole lot of education about what they need to do or what they need to know so hopefully we can provide that information to them," she said.

Though they may not have the information most college students have access to in the support they need through other services, Andrew Hayes, a first-year Finance student at Centennial College, relied

on the help of Dennis Gagnon, founder of TaxSmart.ca.

"They've just been doing A since I was a little kid and my parents used them in previous years," he said.

Others Halifax post-secondary students, John Terry, have family members who do their taxes for them.

"My mom does my taxes for me," he said. "She's an accounting student, and more and more people enjoy it as the past dozen years."

For more information students can visit www.cra.gc.ca/taxinfo/can/tds/tds.html for the TD&P pamphlet, which provides comprehensive information for all students filing their own taxes.

Centenage Students: The TD&P block is in place on March 27 from 3 to 6 p.m. in Room 2011 where students can get their tax credits for free.

LEARNING ABOUT FAITH



PHOTO BY BRADEN MARKET

A two-day conference celebrating religious faith was held to benefit Canadian Blood Services and the AIDS at Home Community Missions Church. The conference included speakers and music from local churches across Canada and the U.S., as well as author Pious Father Ignatius K. Klopsteg and a DJ party.

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This issue has been generously funded

Walk with dinosaurs at THEMUSEUM

BY CAROLE DURRANT/REPORTER

THEMUSEUM in Kitchener-Waterloo held a grand opening on March 7 for its newest exhibit, *Dinosaurs: The Edge of Extinction*. The exhibit is giving visitors the chance to walk among the remains of the Cretaceous era.

The exhibit is made up of over 20 pieces, with some naturally outside areas. A walking Tyrannosaurus Rex and Triceratops occupy the third floor of the museum, giving perspective to how massive the creatures were in comparison to your everyday human. Impressive paleontological findings include a giant Plateosaurus long-necked lizard, but equally intriguing are *THEMUSEUM's* main rooms.

People Board, a gallery attendant, said it's an equal. There are also a handful of interactive components here, will not be taking up until the summer due to renovations in our floor plan to stay around including the T-Rex where visitors can control the movements of a robotic dino and see the inner workings.

The exhibits on the website aim to give visitors the ability to understand every aspect of the Tyrannosaurus and Triceratops from birth and safety to their ultimate extinction. The interactive pieces include constructed shells that allow visitors to see through the eyes of these iconic models of the dinosaur lineage along with many other pieces that round out the exhibit.

The pieces were designed by a Canadian group in partnership with the Royal Ontario Museum in Toronto.



Hunting at the exhibition is the third floor of downtown Kitchener's THEMUSEUM, which houses 10 exhibits. The exhibition is set to last for several years.

displayed at the ROM and accompanied him at the Royal Laser. It was an April 2007 recent Battle of the Team has so been changed it for our exhibition," Board said.

An member by Board, the exhibit will be reviewed once again as new sections will be made to teach the visitors and the progression throughout the century. This time there will be a daily program component that includes interactive science projects although

a sample video provided by Board suggested it's obvious so adults that the three hours are perfect children believe that they are cool and have in the past loved interacting with them.

The exhibit will vary as through spring, summer and fall and it receives a closure on Thanksgiving weekend. Until then, however, the new area will be the only big attraction within the museum walls.

"All the areas have an

dinosaurs. The Edge of Extinction, we are offering an exhibition of Canadian rock-painting made art from the Gordon Gould Art Rock called *Getting Naked*. Come the summer as well from the Museum of Discovery which will overlap with Dinosaurs. It will feature a number of family fun activities like games and smaller related plays and

THEMUSEUM places to bring in multiple activities and exhibits during the summer.

over from a historic room to "a great science exhibit called Science + Fun and every thing in between."

"We haven't given confirmed plans for fall 2009 but we will be putting something together that goes along with the International Year of Light that is going on this year," Board said.

For future rates and more information about *Dinosaurs: The Edge of Extinction* or other upcoming exhibits visit www.themuseum.ca.



An impressive display of a pterodactyl. The best place to go is the entrance to the *Dinosaurs: The Edge of Extinction* exhibit.



Another interesting highlight in *Dinosaurs: The Edge of Extinction* is the life-size Triceratops.



Coleen Christensen's art installation project, *Zero Day*, is being created and will be sold Saturday, March 15, from 10 a.m. to 4 p.m. after the first plunge.



Left to right: Coleen Christensen's art installation project, *Zero Day*, is being created and will be sold Saturday, March 15, from 10 a.m. to 4 p.m. after the first plunge.

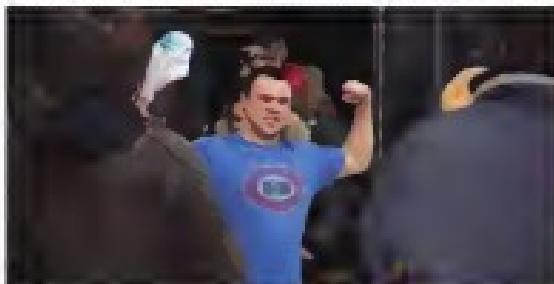
Photo by
Carmen Pascua



Melissa Arriola was the first to take the plunge during the 2008 annual Polar Plunge. For more info go to www.polarplunge.com.



Vanessa Arriola, left, and other health sciences students, break on site climbs out of the L.I.C. pool.



Matthew Clark from UIC jumping. The temperature outside was -3.2°.



Vanessa Arriola does a handstand top of the pool before falling into the cold water.



CLAY AND GLASS GALLERY IS AWESOME INSPIRING

The Canadian Clay and Glass Gallery's current exhibition, *Canadian Roots*, focuses on our cultural environmental issues.

Clockwise from top left, Paulette Morris's piece, *Connection* [1], represents collective identity and the gradual gain and loss of knowledge, expressing humanism's constant search for knowledge.

While Lambeau's work, *Intertwined* [2], is inspired by the richness and beauty of trees and roots at the global level of forests due to human use.

Using large-scale, porcelain tree sculptures, Garry Nickle's artwork depicts the relationship between material and fabricated.

Marie-Angèle Gélin's pieces (two of which are shown below) are inspired by the symbiotic interaction of water and the ever-changing natural world, but more recently Gélin has been observing the St. Lawrence River for her inspiration for tiles, go to www.caigallery.com.

PHOTO BY HANNAH BROWN



PARTNERS PROGRAM BENEFITS STUDENTS



Digitized by srujanika@gmail.com

Uncle Spike is a 60-year-old retired student who volunteers with English Language Friends to talk about the benefits of joining the ECP programme. For more story see [www.spiderman.com](#).

STUDENTS CELEBRATE INTERNATIONAL WOMEN'S DAY



The international students' stay student council has been constituted through the Student Life Department, and it consists of 10 members (2010-2011). March 6, 2010, Spanish Students' Council, started its activity with the following composition: President: Ivonne Hernandez, Vice-President: Luis A. Rodriguez, Secretary: Ana Lucia, Treasurer: Gloria, General Secretary: Patricia, Foreigner Student Representative: Jesus, International Student Representative: Karina, Cultural Activities: Karla, Sports: Karla, and Health: Karla.



People suffering with depression think they can fix themselves.

Who in their right mind would think that?



ANSWER

Crowd in stitches at Comedy Fest

BY MATT DURRAN

Laughter is a great way to stay warm so that was the perfect time for the KW Comedy Fest to hit town.

The event, which started in 2002, took place from March 9 to 11 at various venues in Waterloo and Guelph. In Guelph, 20 stand-up comedians and performers showcased their sets.

The three-day 12 Shows star and touring comedian Steven Marcander was the main draw to Waterloo and he absolutely killed the opening night gig.

The comedians who performed on opening night had a mix of dirty and clean comedy styles but all had the crowd in stitches.

However, native Nathan Mansfield was the big draw for the evening and has some pretty crazy things written on his bio:

"I was doing a show in Beach Alice and some went to throw hot toilet paper at me. I don't even remember why she did it. She took it off and it fell onto her number in a room

on the stage with cheese. Mansfield said.

One of the other performers that night were Tim Harrington and Mary Mack, who are married and live in Mississauga. When asked what he would do if he won a million dollars, Harrington had a short answer:

"I'd be running a Galaxy chapter somewhere," he said.

"Or a guide service that takes people into the woods."

Mansfield across Guelph. Marc talked about how comedy can be done anywhere and he agrees:

"I did a show over in a country club. It was set up as a variety show and there was a belly dancing troupe, a comedian and the rock musicians. But the people who turned out were the people who probably just eat there. So it was like '12 and 80-year-olds just very confused about what was going on,'" he said.

The Food Bank of Waterloo Region was the KW Comedy Fest's charity of choice and received money and food donations for more than \$1,000 each.



PHOTO COURTESY OF THE KW COMEDY FESTIVAL

Comics perform at the festival on March 9 to 11.



ATTENTION RETURNING STUDENTS

Tuition payment has changed for September!

- Deposit due June 15th
- No deferral fees
- Remaining tuition due in August

For more information:

www.conestogac.on.ca/payingyourfees



9-1-1 WHAT'S YOUR EMERGENCY?

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YOUR EMERGENCY 9-1-1 WHAT'S

EMERGENCY 9-1-1 WHAT'S YOUR

9 in 10 Canadians are at risk
for heart disease and stroke.

We're calling on you, so you're not calling on them.

Please give generously. Visit heartandstroke.ca



HEART &
STROKE
FOUNDATION



HOROSCOPE

Week of March 21, 2005

**Aries**

March 21 - April 19

Don't let your business hold you back from enjoying life. Focus on what makes you happy. This week is up to you.

**Libra**

September 23 - October 22

Take action now. Your hard efforts will have something to say about your choices, but the situation is so that it's time to act.

**Taurus**

April 20 - May 19

Success lies just beyond the next opportunity you take. Opportunities always seem to appear in better than ordinary places close to you.

**Scorpio**

October 23 - November 21

You may feel that a chain of events is controlling your potential life. They are just looking out for your best interests. Appreciate their support.

**Cancer**

May 22 - June 21

Concentrate your effort on much of your work. Adjust your responsibilities to a certain level in order to achieve great success.

**Sagittarius**

November 22 - December 21

You may bring bad fortune upon yourself by harboring anger to those around you. This week changes your outlook.

**Cancer**

June 22 - July 21

Don't waste your time and efforts on those who don't value your friendship. Channel your strength to something that will benefit you in the long run.

**Capricorn**

December 22 - January 21

Don't take comments from others too personally. They don't really mean what they say. Listen at all and move forward.

**Leo**

July 22 - August 21

You are a generous soul and make sure others don't take advantage of you. You might wish your back.

**Aquarius**

January 19 - February 18

You've recently started lots of business to keep around you. This week, an adjustment will repay you for your time efforts.

**Virgo**

August 22 - September 21

Virgo. Please go to the movies. Take a vacation. Blocking off for a week may do you some good on the long run.

**Pisces**

February 19 - March 20

You have big plans for the future, but have you talked to those around you? They may offer the insights that you might have missed.



The Stars Have Spoken

FUN & GAMES

On Cliff



Cliff's eye gets off to a dead start

Useless Facts

A tiger has nipples, but not just for milk.

There are 200 species of a regular gorilla.

Every time you tick a sheep, you consume 1.113 of a culture.

Polar bears are left-handed.

A shark is the only fish that can blink with both eyes.

A cat has 23 muscles in each ear.

Monkeys like to roll bananas.

Sudoku Puzzle

1		6	5		7		2
4	7			2	5		
		5		7		8	
		6			1		
		3		4	8		2
		4	2		5	8	1
		7		1		3	
	5		4	3	2	7	
2		4		6	8	9	

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9 without repeating any.

Word Search

St. Patrick's Day

Q	L	P	J	E	S	L	U	X	K	M	O	I	R	G	B
B	B	R	D	G	A	T	O	Q	Y	O	K	P	T	V	U
P	B	O	V	A	I	O	O	O	T	F	K	K	E	T	S
E	C	A	T	L	H	F	F	N	N	I	B	H	D	U	N
L	I	D	R	K	T	C	N	K	Y	W	Y	A	T	U	
M	S	P	A	C	K	X	E	G	H	T	L	X	R	K	A
O	U	B	F	U	R	C	S	D	J	Z	N	A	I	H	P
B	M	E	I	L	B	I	H	S	H	D	D	L	P	S	C
G	R	E	N	P	R	B	A	Y	I	X	S	H	S	E	
G	H	R	A	I	S	L	M	E	T	S	S	C	O	R	
S	I	G	S	F	D	A	H	I	O	S	R	W	H	M	P
H	C	H	W	D	R	H	O	E	S	M	E	X	H	N	E
C	R	D	Z	R	A	N	G	I	Y	E	E	B	W	P	L
P	A	B	D	Y	C	E	K	V	Y	O	N	L	D	T	I
U	F	J	O	T	P	Y	J	D	P	P	L	V	X	U	Y
U	L	O	O	O	K	W	V	H	W	H	Y	O	W	V	C

IRISH
GREEN
DANCE
LUCK
LEPRECHAUNS
BLARNEY
STONE
MUSIC
PADDY
SHAMROCK
PARADE
FOOD
POEMS
CARDS
BEER
TRADITION
SAINT
KISS
CLOVER



Artist Mariko Hauer and Victoria Farny, director of The Canadian Council Art Bank in Orléans, look at Hauer's paintings that she hasn't seen myself at T-CHARTERED ARTS & SERVICES INC.

Why hide? Let's get naked!

BY JENNIFER RICE

People are excited about things "nudeing" apart from at the popularity of 50 Shades of Grey, but really makes them feel more real and understand why it fits?

T-CHARTERED, a Japanese firm now based in Orléans, will change that. The Canadian Charred Art Bank has 17,000 works of art some of which are naked. Their pieces have never been seen by the public due to their奔放ness. However, T-CHARTERED changed all that when Orléans Naked opened at T-CHARTERED.

This weekend also features The Naked Dialogue which includes a life drawing workshop speakers and discussions, games all involving naked being naked.

In a press release, David Marshall, CEO of T-CHARTERED said, "We're very excited to launch a more dialogic series in comparison with the 'Gothic' Naked edition."

The Naked Dialogue will run until May 26 and include the history of nudity and relationships, nudity and education in the media, public reaction to previous editions and even education in law.

In addition, T-CHARTERED

will host a unique event called Naked in the Gallery where visitors will be able to observe and view the gallery while they themselves are naked.

Marshall said, "This is a rare opportunity to not only see these incredible works of art but also from a perspective about who Canadian culture sees when using free nudity."

Many of the pieces of naked erotica were created by recognizable Canadian artists who are known for their other works but their nude existence was hidden from the public.

For a number of reasons the small collection of nudes have not yet moved out to foundations or other spaces said Victoria, Nancy Canadian Art Bank director in a press release. "My goal was to see the work displayed, but no one had the courage to show the works until David Marshall of the T-CHARTERED emboldened my agreed."

Nancy said, "I hope that they will see how beautiful these works are and I'm sure that will happen. You really don't look at them like that's a裸体 first, you look at them in terms of the skill and then you realize that there is really art to it."



Getting naked open-air March 7 at T-CHARTERED in Orléans. After the introductory speaker, David Marshall (from left) CEO of T-CHARTERED, Victoria Farny, director of The Canadian Council Art Bank, Daniel Gauthier, president of T-CHARTERED, and Jennifer Rice, writer of Getting Naked, are offered the gift opening up of the exhibit.

Local artist paints from the heart

BY GAILLE TALBERT

Todd Manuel's collection currently is on display at the House Watson House and Gallery, in called Objects of My Affection. It has cognitive colour and depth and focuses on everyday items in an atmosphere that is warm and welcoming.

As you look at each piece of art you think about the subjects on the paintings and really appreciate the simplicity of them. Manuel is able to take something so ordinary and simple such as a banana bunch with a hand and make it beautiful.

The paintings speak to the viewer and make them smile at life as a softer and simpler person. Taking time to see the beauty right in front of you can be an eye-opening experience. It makes you appreciate your surroundings and be thankful for the simple pleasures in life.

"From as far as I can remember I have been interested in art," Manuel said.

He grew up in a small town in Newfoundland and had limited access to resources that would help him improve his art skills. There were no art classes he could take in his school, but he did have pencils and crayons which he used all the time.

He used these to work on his drawing skills. He would copy pictures that were on TV or from comic books. "My favorite books to read were often colorfully decorated with a multitude of cartoon symbols, shapes, words and fun hand lettering," Manuel said.

He would use school wall magazine sets, comic sets and would measure an oil paint for his effects. "Getting my name on print was my biggest thrill for making others feel involved at that place in a moment."

Manuel never really had anyone to teach him how to expand his painting skills until he went to college where at the age of 20 he spent two years learning how to use paints and worked on his drawing skills. However, his paintings and styles that would be seen later in life were not developed at

More quotes

"Paint paint paint that's how I learned."

"Manuel said to this day he still learns something new with every painting he creates."

"I consider myself to be mostly self taught and a lifelong learner."

"His artwork comes from feelings of art like in a few of the Group of Seven Mary Pratt and Roy Lichtenstein."

"From as far as I can remember I have been interested in art."

— Todd Manuel

"Consciously, I had the opportunity to speak with Mary Pratt when I saw an art set (she) and she gave me some wonderful advice about the business of creating art."

This recognition was a turning point in Manuel's life because he received the advice he needed for his business and his art career. It often helped him work at a slower pace but he didn't mind when people didn't like it. This is something all helping artists should live by.

"It's important for us artists to find success with the work they produce and simply enjoy yourself." In the fact that you enjoyed please everyone. Not every one is going to like your art."

Manuel has been twice trying to get his artwork into an exhibition over the last five years. He has been considered an up-and-coming artist and recently, Manuel won the House Wilson Legacy Award and was approached by the House Watson Children's Fund to have his art shown in 2008. This award as presented to an individual whose artwork celebrates the legacy of House Watson. He was chosen again by stimulating an interest the appreciation, enjoyment and practice of the visual arts.

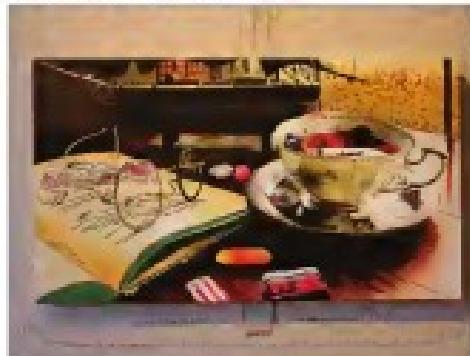
"It's been a lot of work, but a lot of fun too. I know what I am and I am finally ready to see what the future holds for my artwork."

Todd Manuel Objects of my Affection

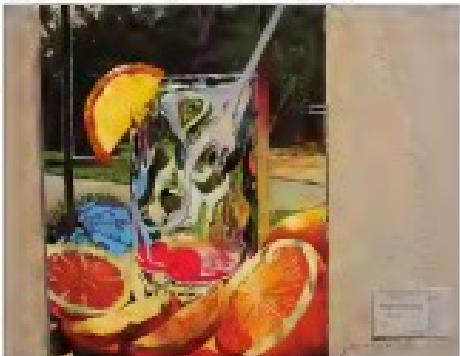


PHOTO BY GAILLE TALBERT

Todd Manuel, a local artist, shows off a collection of works titled Objects of My Affection, an exhibit at the House Watson House and Gallery.



The first and the 3rd are another of Manuel's colorful works.



The 2nd painting is Manuel's series through the Looking Glass.